

Little Kids, Big Hearts: Episode 4

Discussion Guide for Parents and Educators



Support Children’s Social and Emotional Learning

Listen and discuss the Little Kids, Big Hearts podcast with children (aged 3-8) to explore what it means to have a “big heart.” You can use the podcast to spark conversations at your home or in your classroom. “What Makes a Good Friend?” is about how to make friends, keep friends, and be a good friend.

Discussion Prompts :

- ♥ Do you have a good friend?
- ♥ What do you have in common with your friend?
- ♥ What are some differences between you and your friends? Even people who are different can be friends!
- ♥ What do you love doing together? What do you love talking about?
- ♥ What are some ways you show you care about your friends?
- ♥ What are some ways we can make new friends?
- ♥ What are some ways we can keep in touch with our friends, even when we’re apart?
- ♥ What makes someone a good friend?
- ♥ Is it ever hard to be a friend?

Exploring the qualities that make a good friend will help your child become a good friend to others!